

April
2015
Year: 7

THE MAV FAMILY MESSENGER

www.maverickfootball.weebly

Coach Brent Pfeifer
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Upcoming Events

| | |
|-------------------|--|
| April 20 Encor | Team meeting Encor |
| May 5 | 2016 TEAM SPRING SOCIAL |
| May 15 | SUMMER FORMS DUE! |
| June 2-5 | TEAM CAMP |
| June 7-8 | Emporia State Varsity Camp |
| June 10-11 | Team Full Pad Camp @ MSHS |
| June 16 | Summer Weights begins |

MAV of the Month

- Jack Wagner
teacher nominee
- Esias Carpenter
coach nominee
- Max Kubik
comm. service
- Gabe Cole
lifter
- Jordan Maxson
lifter

STRENGTH - HONOR - DEVOTION

As many of you know, I am a twitter user. The media has an interest in what we do as a team, so many outlets follow our account, but I enjoy reading news and articles posted by other coaches and athletic media outlets around the nation. Lately, there has been a large group of articles involving similar topics. Articles on multi-sport athletes, training motivation, and parent involvement. I read through these and see one common theme—**OPPORTUNITY!**

As we grow older, we begin to understand the importance of opportunities in life, building relationships, and creating memories. As a coach, I spend my day offering opportunities to young people. Suggestions, examples, and motivation are constantly given to show the numerous opportunities that lie within MSHS. Still, the hardest part of a day is watching kids turn away, turn down, and miss out on great opportunities to improve or maximize their potential. The belief is that if I'm "in the cage" "on the court" or "on the field", that I'm getting better. If this were true—there

would be some guys at the YMCA going pro—I see them there everyday shooting for hours. We need diversity and instruction to improve. Opportunities are all around us and people are offering their hands to help make us better. We must focus more on encouraging ourselves and others around us to grab hold of these opportunities when they are presented—push a little harder in a workout, get an additional workout in, play an additional sport. Say "YES" to doing more! Say "YES" to doing something different.

Find something you are NOT the best at—and TRY! We improve every aspect of who we are through the struggle and failure that will occur.

Currently, the word being discussed in the media is "specialization". Talk is about kids "specializing" and the damage this is creating in their body and mind. Honestly look at what these parents and "club" coaches are telling young children...it's not "special"! What they are saying is "LIMIT". If we were to change the term of



"Specialize" to "Limitation" - we would not have these societal issues. If a "coach" told parents and kids to "limit" what they do in a weight room, "limit" the sports they play, "limit" the intensity and frequency of workouts...parents would be appalled that anyone suggest that their son/daughter have limits.

Specialization is Limitation!

Opportunities in life are not always available and they are not always easy. When an opportunity to become better and struggle presents itself, we must teach our youth to grab hold and give their best. If we want our kids to be "special" - teach them that there are NO LIMITS!

There are positive opportunities happening every day in our lives.
Look, listen, TRY!

Newsletters and all team information this year can be found at:

www.maverickfootball.weebly.com

COACHES COUNCIL

Casey and Eric Richardson—Ethan and Cooper

Kim and Carl Maxson—Jordan

Shannon and Jeff Parke—Brett

Shelley and David Jennings—Seth

Denise and Dave Tilson—Josh

Jamie and Brian Swafford—Justin and Jared

Becky and Max Koster—Cade

TRACK PRACTICE

All students who plan on playing football next year are encouraged to participate in a spring sport.

Any football player not on the baseball, golf, or tennis teams is expected to take part in track practices. This is a great opportunity to be together with teammates and work together to increase speed and performance.

Practices will begin each day at 3 P.M. and will end at approximately 4:30 P.M.

**The spring season is a player's best opportunity to
increase speed, agility and mental toughness!**

Dillons Plus Card Fundraising Program

THINGS YOU NEED

A Plus card, which is available at any store by asking an associate. If you do not carry your plus card but input your telephone number at the register, you will need to visit customer service and they can tell you in person what your plus card number is. They will not give this information over the telephone.

- A valid email address, which can be obtained from any free online service and can be anonymous
- A personalized account at our website, which again can be anonymous

TO ENROLL IN THE COMMUNITY REWARDS PROGRAM:

Members must visit our website at www.dillons.com/communityrewards Sign in OR Create an account (see below on creating an online account at our website)

1. Click on "*Enroll Now*"

2. Enter the 5-digit NPO and search **45164**

Select your Organization and click on "*Enroll*"

TO CREATE AN ONLINE ACCOUNT AT OUR WEBSITE:

Visit our website at www.dillons.com/communityrewards Click on "*Register*" at the top of the page

1. Enter your email address, password, zip code (select preferred store) and check the box if you desire to receive email communication from us

2. Click on "*Create Account*" at the bottom of the page

You will receive an email confirmation to your inbox, to activate your account click on the link in the body of the email and enter your sign in information to confirm

Cost is Free and registration is simple!